

CHATHAM BOROUGH BOARD OF HEALTH

March 12, 2015

7:00 p.m.

Minutes

The Chatham Borough Board of Health meeting was called to order at 7:00 p.m., in Room 212, middle level, Chatham Municipal Building.

Pursuant to the requirements of the Open Public Meetings Act, N.J.S.A. 10: 4-6 et seq., adequate notice of this meeting has been provided by including same in the Annual Notice, copies of which were posted on the Municipal Bulletin Board, on the main floor of the Municipal Building, filed in the office of the Borough Clerk, emailed to the Chatham Courier.

Names	Present	Absent
Lisa DeRosa	X	
Dr. Norman Schaeffer	X	
Rita Marts, R.N.		X
Mary Ann McCabe	X	
Micki Chaput	X	
Kay Kaiser, R.N.		X
Sally Myers		X
Council Member Holman		X
Lisa Gulla		X
Lucille Boland. R.N.		X
Tamica Trotman		X

Also present was Ben Samura, Environmental Specialist for the Board.

Mr. Samura summarized his February 2015 report. Among the items he reported on, Mr. Samura brought up that an oil fire had occurred recently at the River Grille on River Road. No major damage resulted. Also there was a garbage complaint for 30 Hillside Ave. where

construction is going on. Mr. Samura will keep checking on this situation. Also, relating to this matter, Mrs. DeRosa wanted to learn more about the correct snow removal regulations for the Borough.

Moving on to other matters, Lisbeth Bringgaard, R.N. M.H.H., E.M.T., from the Madison Health Department introduced herself.

Ms. Bringgaard explained that in 2014 the Municipal Alliance of the Chathams (MACC) and the Madison Alliance (MAASA) was awarded a Drug Free Communities (DFC) mentoring grant through Morris County Prevention Is Key (MCPIK). The chief purpose of the DFC program is to reduce substance abuse and excessive teen stress inflicting young people, ages 12-17 years, and to establish collaboration among community entities.

Ms. Bringgaard noted that the grant is awarded for 20 months. At the end of this program, a new coalition will be eligible for a 5 year grant, worth \$125,000 per year. She will be going through official training for her new position. Ms. Bringgaard is collecting data to focus on the substance abuse problems in the Chathams and Madison. Ms. Bringgaard reviewed her professional credentials to Board members. She noted that she has two teen-agers of her own.

Ms. Bringgaard informed the Board that the whole face of addiction has changed. Heroin has taken over as the new addiction, rather than prescription drugs. Heroin is very affordable. She pointed out that two deaths a day occur in New Jersey as a result of substance abuse.

Ms. Bringgaard reported that alcohol and tobacco use is going down these days; however, alcohol use is still a serious issue with young people. E-cigarettes have become popular with younger teens. A person can smoke a concentrated amount of marijuana in an e-cigarette.

Ms. Bringgaard said she would like to have some Board of Health members on her Coalition for this Drug Free Community mentoring

project. Also, she hopes to have some students, starting at the 8<sup>th</sup> grade, to serve as “ambassadors” on the Coalition. Ms. Bringgard hoped it will be a strong coalition, with good cooperation from the local police departments. She hopes to hold the first Coalition meeting in April. Members are needed from both the Chathams and Madison. Ms. Bringgard is hoping that an intern could create a good logo for the Coalition.

On other matters, Mr. Samura reported that Flo Rice will be retiring as Nurse Administrator for the Madison Board of Health. Her colleague, Marlene Dolan, R.N., will be moving into Ms. Rice’s position. The Board of Health’s intern program will continue.

Chatham Board of Health members thanked Ms. Bringgard for her very informative presentation.

The meeting minutes of the February 12, 2015 Board of Health meeting were approved (Resolution #15-06).

At 7:40 p.m. the meeting adjourned.

The next Chatham Board of Health meeting will be held on Thursday, April 9, 2015, 7 p.m., in Room 212, middle level, Chatham Municipal Building.

Respectfully submitted:

Liz Holler  
Recording Secretary

