What to Do If You Are Sick

- **IF YOU BELIEVE YOU MAY HAVE COVID-19 CALL AHEAD BEFORE VISITING YOUR DOCTOR**
  - Stay home except to get medical care
  - Do not call 911 unless it is a true medical emergency
  - Separate yourself from other people
  - Cover your coughs and sneezes
  - Clean your hands often
  - Avoid sharing personal household items
  - Clean all “high-touch” surfaces everyday
  - Monitor your symptoms

For more information visit this CDC link: https://www.cdc.gov/coronavirus/2019-ncov/about/steps-when-sick.html