





he effects of Hurricane Sandy are still being felt by thousands of New Jerseyans, and we want to provide as much support as possible. Hurricane Sandy was the worst storm to hit New Jersey. It has created a great deal of stress, frustration, and anxiety for families, especially those with younger children.

There are many services and resources available to help. The state departments of Children and Families, Education, Health, and Human Services, along with other partners are committed to helping.

FOR HELP AND INFORMATION

Information or Referral for general supportive services

Call 2-1-1

Stress or Anxiety

1-877-294-HELP (4357) or 1-877-294-4356 (for deaf and hearing impaired to speak with)

Public Health Experts - call 2-1-1 (open 24/7) or 1-866-234-0964 (8 a.m. to 8 p.m. on weekdays and 10 a.m. to 5 p.m. on weekends).

Child Care Services - such as locating or paying for child care

Child Care Resource and Referral Agency – 1-800-332-9227

When you call, press the number for the county where you live and you will be connected to a child care agency that can help you.

School Enrollment

If you have not been able to return to your home school district or have not been able to enroll your children in school in the town where you are currently living, the state Department of Education has set up a hotline to help parents contact the appropriate districts and get their children back to school. The number is 609-292-2070.

Family Health Resource and Referral Helpline

NJ Family Health Helpline 1-800-328-3838

Head Start Programs

1 866-763-6481, Monday - Friday, 8:00 a.m. - 7:00 p.m. or email to *HeadStart@eclkc.info*



Produced by DHS Office of Publications 11/12