

# The Wellness and Recovery Center



For more information, call: 973-625-0096  
Toll free: 888-476-2660



**Saint Clare's  
Behavioral Health**

The Wellness and Recovery Center  
4 Pocono Road  
Denville, NJ 07834



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[saintclares.com](http://saintclares.com)

## Overview

The Wellness and Recovery Center offers rapid crisis support to individuals experiencing an urgent mental health concern. By managing troubling symptoms earlier, individuals may find the development of more serious problems is reduced. Care is provided in a warm and inviting environment that is separate from the medical facility.

## Our Team

The Wellness and Recovery Center's multidisciplinary team of experts includes:

- Licensed Clinicians
- Psychiatrists
- Advanced Practice Nurses
- A Peer Counselor

## Our Approach

Our innovative approach utilizes the principals of the wellness and recovery model of care which supports a collaborative approach between the individual and the treatment team.

By instilling hope and optimism, the center offers individuals the opportunity to pursue self-directed steps towards their own unique recovery.

## Our Services:

Recovery and support services include:

- Crisis Support
- Individual Counseling
- Case Management
- Medication Evaluation
- Peer Support
- Psychoeducation

## About Us

### Eligibility

Individuals 18 years of age or older who reside in Morris County.

### Fees

The Wellness and Recovery Center will not deny service for anyone in need based on their ability to pay. Insurance payments will be initiated when applicable.

### Location

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4 Pocono Road  
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### Hours of Operation

Day, evening, and weekend appointments are available and will be scheduled based on a individual's needs and preferences. Our crisis support line is available 24 hours a day, 7 days a week.



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